



Preventive Statins Coverage Update

Large Group (51+) Rate Impact

Please contact your Medical Mutual representative to review the rate impact for your group(s). Because plan years and renewal months are not always the same, some proration of cost may apply.

Eligibility

Members must meet *all* of the following criteria for the \$0 cost share to apply to statins:

1. Be between ages 40 and 75
2. Have no symptoms or history of cardiovascular disease (e.g., symptomatic coronary artery disease or thrombotic stroke)
3. Have one or more cardiovascular disease risk factors (e.g., diabetes, smoking, high blood pressure or high cholesterol)
4. Have a calculated 10-year cardiovascular disease event risk of greater than or equal to 10 percent

Low- and Moderate-Dose Statins

The following low- to moderate-dose statins¹ will be provided at no cost share to qualifying members of non-grandfathered health plans, if covered by the member's prescription drug benefits:

Low-Dose Statins	Moderate-Dose Statins
Fluvastatin 20 to 40 mg	Atorvastatin 10 to 20 mg
Lovastatin 10 to 20 mg	Fluvastatin 40 mg (twice daily)
Pravastatin 10 to 20 mg	Fluvastatin XL 80 mg
Simvastatin 5 to 10 mg	Lovastatin 40 mg
	Pravastatin 40 to 80 mg
	Rosuvastatin 5 to 10 mg
	Simvastatin 20 to 40 mg

In the rare instance none of the generics above are appropriate or the member has tried and failed an equivalent generic, the provider should contact Express Scripts at (800) 753-2851 for a copay review for an equivalent brand statin.

Note: Combination agents (e.g., Caduet, Liptruzet, Vytarin, Advicor, Simcor, Juvisync) that include a statin are not recommended for primary prevention, as they were not among the statin regimens in clinical trials evaluated by the United States Preventive Services Task Force.²

Before initiating statin therapy, providers are still advised to discuss lifestyle modifications and improve other cardiovascular disease risk factors, if applicable.

¹ High-dose statins [e.g., rosuvastatin (Crestor®), 20mg or 40 mg; atorvastatin (Lipitor®), 40mg or 80mg; simvastatin (Zocor®), 80mg] are not considered preventive medications and are not included in this benefit requirement.

² US Preventive Services Task Force. Statin use for the primary prevention of cardiovascular disease in adults. US Preventive Task Force recommendations statement. JAMA. 2016; 316(19):1980-2007.

Member Process at the Pharmacy

Members must get a prescription from their doctors or health providers and present it at an in-network pharmacy. Members who qualify based on the clinical criteria will see the \$0 cost share reflected at the point of sale. (Member qualification will be determined based on medical claims data we send to Express Scripts, which will be used in conjunction with Medical Mutual data already available in Express Scripts' systems.) Members who do not meet the clinical criteria for the \$0 cost share will pay their standard prescription drug plan's cost share for the prescriptions they are filling.

Note: Zero cost share for preventive statins is limited to low- and moderate-dose generic products. In the rare instance none of the generics are appropriate or a member has tried and failed an equivalent generic, his/her provider should contact Express Scripts for a copay review for an equivalent brand-name statin. Before initiating statin therapy, providers are still advised to discuss lifestyle modifications and improve other cardiovascular disease risk factors, if applicable.